

SWIM SCHOOL PROGRAM



Swim School Program Overview

Roaring Springs Waterpark strives to educate young learners in water safety by providing Swim School for ages 3-12. Parent Tot classes for younger children are also offered. Each class is 30 minutes and runs Monday through Thursday for two weeks. New classes start every two weeks. You can check the swim school schedule [here](#).

Swim School classes focus on water safety through the instruction of swim strokes, safety tips for being around a pool, as well as developing social/emotional confidence in the pool. All Swim School Instructors are certified and trained to give your swimmer the tools they need to be successful. The student to instructor ratio is typically 3-6 swimmers per instructor. It is important to us that the instructors have the time to answer any questions and make connections with each learner they have.

Upon completion of a swim school session, each swimmer earns a Roaring Springs PM Plunge ticket (\$43.99 value).

CLASS TIMES:

One Swim School session is two weeks (M-TH). Each lesson is 30 minutes long. Lesson times are below. Session dates can be found [here](#).

- 8:00 – 8:30 am
- 8:35 – 9:05 am
- 9:10 – 9:40 am
- 9:45 – 10:15 am

**PRICING CAN BE FOUND
[HERE](#)**



FAQ's:

- Can I leave during the lesson?
 - We ask parents to stay during lessons. Your child's instructor will check in with you after the lesson to let you know how it went.
- What if my child cries being separated from me?
 - Instructors are coached and trained on different personality styles. With your approval, the instructor would escort the student to the class. Instructors are given tools and techniques to assist them in this time of growth.
- Can my children be in the same class?
 - If they are the same level, we will try to get them together at your request. However, there is no guarantee. Semi-private lessons are offered to accommodate this!
- What happens when there is bad weather?
 - If we have to cancel due to weather, make up lessons will be offered. This will be communicated via email.
- Can I request a certain instructor?
 - Yes, if you have found an instructor that works well with your swimmer, please let us know. If they are available for that session and are teaching the level that your child is taking, we will place them in their class. This is all dependent on which levels they instruct this summer.

Swim School General Info 2025

Beginner

- Level 0
 - Parent & Tot 
 - Typically ages 0-3
 - Class in Critter Crossing
- Level 1
 - Tadpole 
 - Typically ages 2-6
 - Class in Critter Crossing
- Level 2
 - Frog 
 - Typically ages 4-8
 - Class in Wave Pool

Intermediate

- Level 3
 - Seal 
 - Typically ages 5-9
 - Class in Wave Pool and Drop
- Level 4 
 - Otter
 - Typically ages 7-11
 - Class in Wave Pool and Drop

Instructors:

- Nationally certified
- Lifeguards on duty while swim lessons occurs

Advanced

- Level 5 
 - Dolphin
 - Typically ages 10-12
 - Class in Wave pool and Drop

- Instructor to student ratio is up to 1:3 for levels 1-3
- Instructor to student ratios is up to 1:6 for levels 4 & 5

Check in at the front of the park on the first day of lessons.

Dates and Times

Session Dates:

- June 9th-19th
- June 23rd-July 3rd
- July 7th-17th
- July 21st-August 31st

Class Times:

- 8:00am to 8:30am
- 8:35am to 9:05am
- 9:10am to 9:40am
- 9:45am to 10:15am

Session Days:

- Monday - Thursday

Pricing and Discounts

Pricing:

- Group Lessons: \$125.00
- Private Lessons: \$215.00

Season Pass Discounts:

- Group: \$110.00
- Private: \$200.00

Semi private lessons available by request. Email jwillis@blackmor.biz for more information.

DO YOU WANT MORE INFO?

September - April (off season)

- Tori Grady
 - 208-884-8842 Ext 3021
 - tgrady@roaringsprings.com

May, June, July, and August

- Jessica Willis
 - 208-884-8842 Ext 3021
 - jwillis@roaringsprings.com
 - Email is the best way to contact her as she is only here in the AM

Your swimmer will learn what is posted in each level during the session. Swimmers must be able to perform all skills taught in the level below which you plan to enroll them for. If your swimmer is unable to perform the skills from the previous level in which they are enrolled, they will be moved down to an appropriate level. We want them to thrive and they are unable to do so when they do not have the stepping stones to get there.

There is a natural progression to the levels. All skills and techniques learned are minor parts of the five strokes and diving taught at Roaring Springs Swim School.

see level 5 for strokes/skills

LOCATION:

ALL levels will check in at the front of the park on the first day of lessons. After checking in instructors will escort students to their designated pool. Lessons will typically take place in the wave pool and Critter Crossing.

- Parent Tot - Critter Crossing
- Tadpole - Critter Crossing
- Frog - White Water Bay
- Seal - White Water Bay
- Otter - White Water Bay
- Dolphin - White Water Bay

Swim School Levels

Level 0 - Parent Tot



- Getting into the water
- Back and front float positions
- Pulling, kicking and returning to the wall assisted
- Jumping in and breath holding
- Rolling from front to back
- Activities to get familiar with water

Level 1 - Tadpole



- Jumping into the water
- Back and front float positions
- Pulling, kicking and returning to the wall assisted
- Intro to front crawl
- Holding breath underwater
- Rolling from front to back assisted
- Activities to get familiar with the water

Level 2 - Frog



- Front and back floats
- Front and back glides
- Kicking skills with flotation
- Retrieve object with eyes underwater independently
- Front crawl arms and legs assisted
- Elementary backstroke assisted

Level 3 - Seal



- Front crawl
- Elementary backstroke
- Backstroke assisted
- Intro to breaststroke arms
- Side breathing
- Kneeling dives independently
- Treading water with flotation

Level 4 - Otter



- Front crawl with side breathing
- Back stroke
- Breaststroke assisted
- Standing dives assisted
- Treading water independently

Level 5 - Dolphin



- Front crawl—25 yards
- Back Crawl—25 yards
- Breaststroke
- Introduction to butterfly
- Diving technique
- Treading water technique
- Endurance swimming

THINGS TO KEEP IN MIND:

Lifeguards are on duty during lessons

All guests, including season pass holders, who are participating in the 10am Swim School Session must exit the park by 10:30, and re-enter when the park opens. Call our Programs department to register by phone at 208-884-8842 Ext 3009

If you are concerned your swimmer may get extra chilly in the water, we recommend sending them to lessons in a rash guard.

Roaring Springs Waterpark is an outdoor waterpark and while our pools are heated, we cannot guarantee ideal weather during the time of our lessons. If lessons are canceled due to inclement weather, make up sessions will be offered. If you are unsure, check your email for updates the morning of your lesson. If there is no update, please come to lessons.



HOW DO I KNOW WHICH LEVEL TO PLACE MY SWIMMER IN?

When selecting a level for your swimmer, there are a handful of things to consider:

- 1. How consistently has my swimmer been in the pool since last summer?
 - a. Without regular practice, a skill becomes lost. Your swimmer may need refresher training on what they have been taught in the past. This is typical with any skill. On the first day of lessons, instructors will notify the coordinator if a level needs to be adjusted (up or down).**
- 2. At the end of last summer, what skills were they confident in?
 - a. This is always a great indicator of the level they should start in. Repetition is key in authentic learning. For example, if your child is an intermediate swimmer that passed level 4 at the end of last season but has not swam since then, level 4 is where they should start.**
- 3. How many sessions am I signing my swimmer up for?
 - a. Learning to swim is a process and we try to cater to the needs of each child enrolled in our lessons. Therefore, if you have signed your child up for multiple sessions this summer, it is always a possibility that they may need to stay in the same level in order to gain the necessary skills to progress through the strokes. In order to demonstrate growth and promote confidence in your swimmer, we recommend starting them in a lower level as it is always easier to move them up than it is down.**



INSTRUCTORS

Swim Instructors are nationally certified through Ellis and Associates. Instructors learn skills and techniques to create a safe learning environment for your swimmer. Instructors are passionate about what they do and are eager to share that with you. At the end of every lesson, the instructor will give you a quick update of your swimmer's progress and anything to be aware of. Please be patient as there are many adults to check in with. There will always be a Swim School Coordinator available at the park during lessons if there are comments, questions, or concerns when your swimmer's instructor is not available. Swim Instructors fill out a report card for your swimmer at the end of the session to celebrate all of their growth and hard work!